

# The Harrier

**Volume 1**

**Issue 2**

**FEBRUARY 1997**

## TODAY'S RUNNER LEAGUE - PADDOCK WOOD - FINAL MEETING

It could have been any one of three Clubs on the day to take the overall Championship title, Canterbury Harriers, Paddock Wood or Medway. It really amounted to whichever club could put out the strongest team on the day. Even though we had a good male team, we didnt have a strong enough womens team. With several of the women on holiday and others not able to compete for one reason or another, we could only finish 6th Ladies team on the day - not good enough to support the men in the combined result to take the overall title.



But Congratulations to individual winners:  
Andy who finished 3rd in the Senior Men  
Bonny and Denise who finished 1st & 3rd Vets 35  
Helen 3rd in the Vet 45  
The Ladies also took the Team title.

Our final placing, second equal to Medway, was just 1 point behind Paddock Wood who will be running at the Final in Leicester on the 23rd March. Of course as runners up it does mean that we could still go to Leicester and compete in the "Plate" race. If you are interested in fielding a team for this, please let Bonny know by return. The entry fee will be £3.00 per runner.

The Presentation Evening of the League will again be held at the Woodstock Club on Friday, 4th April. Anyone who competed in the League is welcome to attend. There will be a bar, buffet and music.

## LONDON MARATHON - 175 APRIL

A coach has been booked at usual and runners, supporters and "bag carriers" are all welcome. Seats booked on a first-come-first served basis. Cost will be £6.00 per head. Please complete the attached form and return to Bonny with cheque.

*If there are any runners who are unable to take time off to collect their numbers prior to the Marathon, let Bonny know and I will collect them on your behalf.*

### **CIRCUIT CLASS**

*Has been arranged for Wednesday, 12th March at the Kings School from 8-15 - 9pm. This is open to the Harriers only at a cost of £1.50 (payable to Kevin). The numbers are restricted to 18 - so first come - first served.*

## BAF/BVAF NATIONAL OPEN VETS ROAD RELAYS, BIRMINGHAM - SAT 17TH MAY

If any Vets are interested in putting out a team for this prestigious event, please see Bonny. I will need to know by the end of March in order that travel arrangements, overnight accommodation etc. can be arranged. Categories are:

8 Stages	Men Vet 40
6 "	50
3 "	60
3 "	Women 35
3 "	45

**RECORDS/TABLES**

Attached for your information are up to date copies of both the League Table and Club Records. Please let Bonny know if times need to be amended.

**LOTTERY**

There is £334 in the kitty. Once this is used the syndicate will be wound up. This will commence from the 8th March and the Bonus Ball system has also ceased. There are quite a few people still owing money and this should be paid to Kevin as soon as possible.

**CLUB ADVERTISING**

*If you would like to place an Ad or have an article incorporated within the next Newsletter, please pass to Bonny before the end of the month.*

**FOR ALL YOUR PLASTERING & RENDERING**

RING

**KEVIN MITCHELL**  
01227 742447

Quality Work At Very Competitive Rates

**PHYSIOTHERAPIST**

Ursula Martindale can be found at the Ashford Physio & Sports Injury Clinic - Tel: 01233 622575. She offers a reduced rate for the Harriers.

**REGISTERED OSTEOPATH**

Allison Roberts fee per session is £17.00 and she can be found at Lombard House, 12-17 Upper Bridge Street - Tel; 01227 462152.

**RESULTS****KENT 10, SIDCUP - 16/2/97**

Russell Bridges	58.57	
Glyn Jenkins	60.43	V/50
Joe Hicks	62.36	V/40

This excellent run by Glyn has taken Tony Reavely's 1996 Vet 50 record. Not bad considering Glyn has been sidelined with injury for quite some time. What a comeback!!

**PARKWOOD LEAGUE - SUNDAY 2/3/97****Under 17s**

6th	Stuart Turner	17.04
Seasons best		

**Under 15s**

10th	Simon Dunderdale	9.46
13th	Lee Morphett	9.50

**Junior Boys**

3rd	Adam McDonald	2.44
4th	Sam McDonald	2.45

**Junior Girls**

2nd	Millie Hinsley	2.52
3rd	Patsy Taylor	2.58

**ENGLISH SCHOOLS, NEWARK, 2/3/97****Under 17s**

72nd David Farnham  
Representing Kent - 2nd Team Winners

**TUNBRIDGE WELLS HALF MARATHON - 2/3/97**

16th	Glyn Jenkins	1:22.33	1st V/50
	Mick Barrington	1:25.44	2nd V/50
	Julian Murray	1:26.30	PB

*Congratulations again to Glyn for taking another Club Vet 50 record - his second in almost as many weeks, and to Julian for his 7 MINUTE PB.*

**RESULTS CONTD****THANET 20 - 2/3/97**

10th	Rob Sargeant	2:04.28	
	Joe Hicks	2:12.47	V/40
	Steve Reynolds	2:16.48	
	Mike Eason	2:40.	
	Laurence Shaw		V/40
	Colin Parry	3:08.30	V/60
	Allison Bridges	3:15.16	
	Erica Akerman	3:55.05	FV/55

Excellent times considering weather conditions were very very windy (aren't they always as Thanet). Well done to Allison - her debut run at the distance. Congratulations also to Joe who took almost 6 minutes off the previous Club 40 record held by Dennis Hayes.

**ISLAND 10 MILE, SHEERNESS - 2/3/97**

5th	Bob Davison	65.02	V/40
18th	Mark Trott	76.38	

**Reminder**

***My new address is  
Flat 4, 83 Central Parade  
Herne Bay, CT6 5JQ  
TELEPHONE 01227 742447***

*Apologies if some results have been left out - this will be due to the inefficiency of the office staff - namely Bonny.*

**RACE DIARY****March**

- 16th** Reading Half Marathon - AAA & SEAA Championships - c/d 28/2. Also Junior Races (min age 11). Good prizes. Hasting Half Marathon. Finchley 20 - 12.15pm. Harold Wood 7k, Romford.
- 22nd** London 10k Champs Crystal Palace.
- 23rd** Fleet Pre-London Half Marathon c/d 28/2. Paddock Wood Half Marathon - c/d 17/3. Brentwood Charity Half Mar - c/d 17/3. Tatsfield 5, Westerham. c/d 18/3.
- 28th** Folkestone 10 - c/d 22/3. (& U/16s).
- 30th** Docklands Half Marathon - c/d 21/3.
- 31st** Tonbridge AC Open Meetings (distances 60m-3000m - Under 11s-Vets). Entries on day. See Bonny for details.

**April**

- 6th** Saffron Walden 10k, Essex. c/d 1/4.
- 12th** Harrow 10k, 3pm - c/d 5/4.
- 13TH** LONDON MARATHON
- 26th** Wealden 10, Biddenden. 10.30am.
- 27th** Strode Park 5 (& Fun Run) c/d 20/4.

**PLEASE REMEMBER THAT RACE ENTRY FORMS MUST HAVE EITHER SEAA PERMIT APPLIED FOR OR A KITE MARK FOR RACE TIMES TO BE INCORPORATED IN THE LEAGUE TABLES.**

***LONDON MARATHON***  
***SUNDAY 13TH APRIL***

***The Coach will depart from Canterbury Bus Station at 6.30am prompt.***

*Please reserve me ..... seat(s) on the coach at a cost of £6.00 per head..*

*Name .....*

*.....*

*.....*

*.....*

*.....*

*Telephone No.....*

*Please find enclosed my cheque in the sum of £..... made payable to Canterbury Harriers.*  
***All seats must be paid for by no later than Friday, 4th March.***

*Please send to:*      ***Bonny Appleby, Flat 4, 83 Central Parade, Herne Bay, Kent CT6 5JQ***  
***Telephone: 01227 742447***